



www.Access2Tanzania.com

General Packing List

- In general, pack lightly. Leave room for gifts and souvenirs. Soft-sided luggage packs more easily into the safari vehicle.
- Always carry passport, airline tickets and money on your person. A fanny pack or moneybag that hangs around the neck works well.
- In case luggage doesn't arrive the same day you do, put enough clothing and supplies for the first day in your carry-on luggage.
- If taking a domestic flight luggage weight restrictions range between 15-20 kgs (33-44 lbs) total per person.
- If climbing Mt. Kilimanjaro or Mt. Meru, additional supplies will be needed and your climb outfitter will provide you with a separate packing list.

Footwear

- Sturdy, comfortable shoes, preferably waterproof. They will get dirty.
- Tennis shoes or sandals for lounging in the evening
- Comfortable, breathable socks

Clothing

- Shorts, mid-thigh or longer
- Lightweight, breathable pants
- Short-sleeved shirts, cool and breathable (neutral colors are best, avoid black, dark blue and bright red)
- Bathing suit if staying at a lodge with a swimming pool or if visiting Zanzibar
- Long-sleeved shirt or sweater for evenings
- Rain jacket or rain poncho
- Women: Lightweight dress/skirt that covers knees (for visiting villages), shoulders should be covered also in the village.
- Men: short-sleeve shirts with collars (for visiting villages or evening dining at the lodges).
- Keep valuable jewelry to a minimum

Note: Laundry service is available at most lodges either at a nominal cost or free of charge in some cases.

Baggage

- Day pack, for you to carry
- Large waterproof duffel bag or backpack

USA Office
253 Duke Street
Saint Paul, MN 55102
Tel: 866-589-6116

Tanzanian Office
PO Box 10955
Arusha, Tanzania
Tel: 255 (0)27-250-4715

General Packing List...continued

Other

- | | |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------|
| <input type="checkbox"/> Sun hat | <input type="checkbox"/> Maps, guidebooks |
| <input type="checkbox"/> Scarf (for dust and/or sun) | <input type="checkbox"/> Batteries |
| <input type="checkbox"/> Sunglasses | <input type="checkbox"/> Binoculars (available upon request for free) |
| <input type="checkbox"/> Money (small Tanzanian bills and/or small US bills for small purchases and tips. Larger US bills and/or travelers checks for bigger purchases) | <input type="checkbox"/> Journal/notebook, pencil and pen |
| <input type="checkbox"/> Headlamp or flashlight | <input type="checkbox"/> Pocket knife |
| <input type="checkbox"/> Camera, film (film is available but expensive), mini-tripod | <input type="checkbox"/> Electricity adapter |
| <input type="checkbox"/> Video camera, tapes | <input type="checkbox"/> Energy bars and snacks |
| | <input type="checkbox"/> Playing cards, games, books, Frisbee |
| | <input type="checkbox"/> Mementos for guides and other travelers |
| | <input type="checkbox"/> Personal music device |
| | <input type="checkbox"/> Travel pillow |

Toiletries

- Small towel
- Roll of toilet paper (for some public restrooms)
- Soap
- Toothbrush and toothpaste
- Handi-wipes
- Lotion
- Glasses, contacts, solution
- Comb, mirror
- Shampoo (without heavy fragrance)
- Unscented Deodorant (use cologne/perfume sparingly, if at all, in case it might attract bees or other insects)

Documents

- Passport (with visa stamp or completed visa application with \$50 or \$100 US cash, exact change)
- Yellow fever certificate (**REQUIRED**)
- Medical insurance
- Address book

First Aid

- | | |
|--------------------------------------------------|---------------------------------------------|
| <input type="checkbox"/> Ibuprofen | <input type="checkbox"/> Antiseptic cream |
| <input type="checkbox"/> Band-Aids | <input type="checkbox"/> Bandages and tape |
| <input type="checkbox"/> Sunscreen (SPF 15+) | <input type="checkbox"/> Diarrhea medicine |
| <input type="checkbox"/> Anti-malaria pills | <input type="checkbox"/> Antibiotics |
| <input type="checkbox"/> Insect repellent | <input type="checkbox"/> Antihistamines |
| <input type="checkbox"/> Lip balm with sunscreen | <input type="checkbox"/> Prescription drugs |

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